

Alexandria Middle School

March

Maschio's Food Services, Inc.

March 2010 Menu

Healthy Meals Grow Healthy Kids!

Tuesday		Wednesday		Thursday		Friday	
1 Pizza Dippers w/Sauce Fruit Juice Vegetable Fruit & Salad Bar Beverage	2 Chicken Quesadillas Broccoli Oranges Fruit & Salad Bar Beverage	3 Black Angus Burger Sweet Potato Fries Lettuce & Tomato Fruit & Salad Bar Beverage	4 Buffalo Chicken Wings Roll French Fries Vegetable Fruit & Salad Bar Beverage	5 DR. SEUSS DAY Mezza Luna Pizza Caesar Salad Fresh Fruit Fruit & Salad Bar Beverage 			
8  Nachos w/Cheese & Beef Rice Salsa Pineapple Fruit & Salad Bar	9 Pancakes w/Sausage & Hash Browns Orange Juice Fruit & Salad Bar Beverage <i>National Breakfast Week</i>	10 Chicken Tenders Buttered Noodles Broccoli Whole Grain Dinner Roll Fruit & Salad Bar	11 Big Daddy's Pizza Caesar Salad Fresh Apple Fruit & Salad Bar Beverage <i>"Johnny Appleseed Day"</i>	12 NO SCHOOL 			
15 Foot Long Hot Dogs Tator Tots Vegetable Fruit & Salad Bar Beverage	16 Chicken Parm w/Pasta Garlic Bread Fruit & Salad Bar Beverage	17 Cheese Steak on Roll Peppers & Onions French Fries Fruit & Salad Bar Beverage 	18 Chicken Pattie on Bun Pickles Lettuce & Tomato French Fries Fruit & Salad Bar Beverage	19 Stuffed Crust Pizza Caesar Salad Fruit Juice Fruit & Salad Bar Beverage 			
22 Mozzarella Sticks w/ Sauce Green Beans Garlic Bread Fruit & Salad Bar	23 Chicken Tenders w/ Assorted Breads Buttered Noodles Fruit & Salad Bar Beverage	24 French Toast w/Sausage Hash Brown Orange Juice Fruit & Salad Bar Beverage	25 Chicken Nuggets Dinner Roll French Fries Corn Fruit & Salad Bar Beverage	26 Pan Pizza Tossed Salad Juice Fruit & Salad Bar Beverage			
29 Pork Roll w/Cheese on Bun Hash Brown Hot Apples w/Topping Fruit & Salad Bar	30 Chicken Pattie on Bun Tator Tots Corn Fruit & Salad Bar Beverage	31 Mezza-Luna Pizza Pasta Salad Fruit & Salad Bar Beverage 	Veggie of the Month Mixed Greens Fruit of the Month Raisins		Please purchase lunch tickets on Monday or Tuesday. Checks should be made out to: Alexandria Twsp. Bd. For \$16.25		

Complete Lunch \$3.25
Adult Lunch \$3.75
"SIDEKICKS"

Milk \$.50
Spring Water \$1.00
Iced Tea \$.75
Hot Pretzel \$.75
Baked Chips \$.75
Soup \$1.50
Cookie \$.25
Fresh Fruit Cup \$1.00
Ice Cream \$.75-\$1.25

Sandwich Lunch

Mon & Tues Ham & Cheese Sand.
Wed Thurs & Fri Egg Salad Sand
CHICKEN PATTIE ON BUN-DAILY
Salad, Fruit Bar, & Beverage

Available Daily

SALAD EXPRESS

\$3.25

Salad Platter with fresh vegetables, various proteins, breads and fruits. Beverage In-



SALAD & FRUIT BAR

Choice of salad greens, toppings, fresh fruit, or canned fruit in natural juice and condiments.

Choice of flavored or unflavored, whole, low fat milk, spring water.

BAGEL LUNCH AVAILABLE DAILY-Bagel, Cheese Stick, Yogurt, fruit & drink



BEST BUY *Complete Lunch...Only \$3.25
Includes Vegetable, Fruit or Juice and Milk

Lunch Tickets Available in the Cafeteria
5 Meals \$16.25

Please visit us at www.maschiofood.com