

# Lester D. Wilson School

March

Maschio's Food Services, Inc.

## March 2010 Menu

Healthy Meals Grow Healthy Kids!

Tuesday		Wednesday		Thursday		Friday	
1 Pizza Dippers w/Sauce Fruit Juice Vegetable Fruit Beverage	2 Grilled Cheese Sand Tomato Soup w/Goldfish Carrot & Celery Oranges Beverage	3 Black Angus Burger Sweet Potato Fries Lettuce & Tomato Fruit Beverage	4 Chicken Nuggets w/wRoll French Fries Vegetable Fruit Beverage	5 <b>DR. SEUSS DAY</b> Mezza Luna Pizza Caesar Salad Fresh Fruit Beverage 			
8 Nachos w/Cheese & Beef Rice Salsa Pineapple Beverage 	9 Pancakes w/Sausage & Hash Browns Fruit Beverage <i>National Breakfast Week</i>	10 Chicken Tenders Buttered Noodles Broccoli Whole Grain Dinner Roll Fruit & Beverage	11 Big Daddy's Pizza Caesar Salad Fresh Apple Beverage <i>"Johnny Appleseed Day"</i>	12 <b>NO SCHOOL</b>			
15 Hot Dogs Tator Tots Vegetable Fruit Beverage	16 Chicken Parm w/Pasta Garlic Bread Salad Fruit Beverage 	17 Cheese Steak on Roll Peppers & Onions French Fries Fruit Beverage	18 Chicken Pattie on Bun Pickles Lettuce & To- mato French Fries Fruit Juice Beverage	19 Stuffed Crust Pizza Caesar Salad Fruit Juice Fruit Beverage 			
22 Mozzarella Sticks w/ Sauce Green Beans Garlic Bread Fruit & Beverage	23 Chicken Tenders w/ Assorted Breads Buttered Noodles Fruit Beverage	24 French Toast w/Sausage Hash Brown Orange Juice Fruit Beverage	25 Chicken Nuggets Dinner Roll French Fries Corn Fruit Juice Beverage	26 Pan Pizza Tossed Salad Juice Fruit Beverage			
29 Pork Roll w/Cheese on Bun Hash Brown Hot Apples w/Topping Beverage	30 Chicken Pattie on Bun Tator Tots Corn Fruit Beverage	31 Mezza-Luna Pizza Pasta Salad Fruit Beverage 	<b>Veggie of the Month</b> <i>Mixed Greens</i>  <b>Fruit of the Month</b> <i>Raisins</i>		Please purchase lunch tickets on Monday or Tuesday. Checks should be made out to: Alexandria Twsp. Bd. For \$16.25		

Complete Lunch \$3.25  
Adult Lunch \$3.75  
**"SIDEKICKS"**

Milk \$.50  
Spring Water \$1.00  
Iced Tea \$.75  
Hot Pretzel \$.75  
Baked Chips \$.75  
Soup \$1.50  
Cookie \$.25  
Fresh Fruit Cup \$1.00  
Ice Cream \$.75-\$1.25

Please visit us at  
www.maschiofood.com

**Sandwich Lunch**  
Mon & Tues PIZZA  
Wed Thurs & Fri Egg  
Salad Sand  
**CHICKEN PATTIE ON BUN-DAILY**  
Salad, Fruit Bar, & Beverage

**Available Daily**

**SALAD EXPRESS**  
\$3.25

Salad Platter with fresh vegetables, various proteins, breads and fruits. Beverage In-



**SALAD & FRUIT BAR**

Choice of salad greens, toppings, fresh fruit, or canned fruit in natural juice and condiments.

Choice of flavored or unflavored, whole, low fat milk, spring water.

BAGEL LUNCH AVAILABLE  
DAILY-Bagel, Cheese Stick, Yogurt, fruit & drink



**BEST BUY \*Complete Lunch...Only \$3.25**  
Includes Vegetable, Fruit or Juice and Milk

Lunch Tickets Available in the Cafeteria  
5 Meals \$16.25